

Annual Report of Progress for 2020

2019-2021

LOGAN COUNTY

Community Health Improvement Plan (CHIP)



A plan of our community...

Moving toward a healthier Logan County



**Mary Rutan
HOSPITAL**



**COMMUNITY HEALTH
& WELLNESS PARTNERS**
Care... To Live Life Fully

**United Way
of Logan County**



*The Mental Health, Drug & Alcohol Services Board
for Logan & Champaign Counties*

We wish to acknowledge the following individuals whose efforts and support made the implementation of the CHIP possible:

COALITION CHAIRS

Healthy Living Coalition – *Christie Barns & Kris Myers*
Coalition for Ongoing Recovery Efforts - C.O.R. E – *Tammy Nicholl & Steve Marshall, R.Ph*
Suicide Prevention Coalition – *Cecelia Yelton & Megan Arborgast, CNP*
Access and Resources Coalition – *Tam Blakely & Ashley Spence*
Safe & Healthy Families– *Veronica Brady*
Housing & Homelessness Coalition – *Jon Brown & Larry Novak*

COALITION ADVISORY BOARD (CAB)

Comprised of senior leadership from:

Mary Rutan Hospital	Suicide Prevention Coalition
Mary Rutan Foundation	Access & Resources Coalition
Logan County Health District	Safe & Healthy Families Coalition
Indian Lake School District	Family & Children First Council
Work Force Development Committee	Job & Family Services
Healthy Living Coalition	Coalition for Ongoing Recovery Efforts (CORE)
Continuum of Care/Homeless Coalition	Community Health & Wellness Partners
Kiwanis/Civic Organizations	United Way of Logan County
Housing & Homelessness Coalition	Logan County Commissioners
Business/Community Leaders	Logan County Family Court
Chamber of Commerce	Bellefontaine Mayor
Mental Health, Drug and Alcohol Services Board	

BACKGROUND

In 2018, Logan County partners completed a community health assessment (CHA) which was a comprehensive collection and analysis of data gathered in order to identify the health needs of our community. Extensive input from over 90 community leaders and residents created a picture of the needs of Logan County, identified community and data strengths/challenges, and ultimately informed the development of the 2019 Logan County Community Health Improvement Plan (CHIP).

DEVELOPMENT AND PURPOSE OF THE CHIP

The purpose of the Logan County CHIP is to guide the efforts of participating organizations that collaborate to improve the quality of life and health of Logan County residents.

The CHIP process was funded by Mary Rutan Hospital, Mary Rutan Foundation, Logan County Health District, United Way of Logan County, Community Health and Wellness Partners, and Mental Health, Drug & Alcohol Services Board for Logan and Champaign Counties. A model from the Center for Disease Control (CDC) was utilized in order to conduct the Logan County CHA and to subsequently develop the CHIP with input from over 80 individuals representing community health, social services organizations and residents. The process is as follows:

1. Organize and plan
2. Engage the community
3. Develop a goal or vision
4. Conduct community health assessment(s)
5. Prioritize health issues
6. Develop a community health improvement plan
7. Implement and monitor community health improvement plan
8. Evaluate process and outcomes

This report is to inform the community on the progress of steps 7 (Implement and monitor CHIP) & 8 (Evaluate process and outcomes).

The six priority health areas identified through the CHA process are:

1. Mental Health
2. Substance Use
3. Healthy Living
4. Safe and Healthy Families
5. Housing and Homelessness
6. Resource and Awareness Communication

HOW THE ISSUES ARE ADDRESSED

Coalitions meet regularly to implement the CHIP action steps. They include Healthy Living, Suicide Prevention, Communities for Ongoing Recovery Efforts (CORE), Housing and Homelessness, Access & Resources Coalition, and Safe & Healthy Families. These coalitions are made up of a wide spectrum of representatives from the community. The Coalition Advisory Board (CAB) serves as the oversight body that monitors progress toward achievement of the goals and objectives of this plan. CAB is made up of eighteen community leaders representing businesses, city and county government, schools, the court system, health care, social service agencies, and the chair of each of the six coalitions. They are responsible for providing guidance and support to coalition work in the community by impacting and implementing policy change, as well as, identifying financial support and local resources for the work of the coalitions. Quarterly and annually each coalition will provide an update to CAB regarding progress toward their goals and strategies.

CAB provides a forum and format for tracking and reporting of overall outcomes as part of the Community Health Improvement Plan (CHIP). The structure of the CAB and Coalitions moves Logan County from the independent actions of multiple agencies, to collaborative actions with a collective impact.

Collaboration among partners promotes a common goal, common language, shared data collection, and enhanced outcomes. CAB will prepare a report for the community annually documenting progress toward goals and objectives.

The following is the annual progress for each priority during 2020:

The SIX PRIORITY AREAS

PRIORITY 1:

MENTAL HEALTH

To improve mental health through prevention and by ensuring access to appropriate, quality mental health services.

1

Increase policies and programs that align with evidence-based social emotional programs in local schools' districts.

OBJECTIVE

By 3/31/2021, 50% (3/6) of all schools' policies and programs will align with evidenced-based programs for social-emotional development.

PROGRESS FOR 2020

Implemented K-6 PAX in Riverside, expanded PAX at West Liberty into Middle School; MHDAS K-12 dollars expanding conversations about Social Emotional Learning. 7-9 districts implementing ASQSE & DECCA in preschools, daycares, and Indian Lake Kindergarten screening.

2

Increase the number of businesses with suicide prevention policy and/or protocols.

OBJECTIVE

By 3/1/2021, ten businesses that have a Human Resources Department will have adopted policies and practices that align with suicide prevention.

OBJECTIVE

By 3/31/2021, ten Logan County businesses will be trained in suicide prevention policies and practices

PROGRESS FOR 2020

Five trained-trainers for Working Minds QPR training specific to workplaces. Four trained trainers for workplace and community based trainings. Partnering with Chamber of Commerce to connect with local businesses. One Working Minds training with Logan County Safety Council. Coordination for Crisis Hotline promotion within local businesses.

GOALS

PRIORITY 2:

SUBSTANCE ABUSE

Reduce substance abuse to protect the health, safety, and quality of life for all, especially children.

1

EDUCATE AND PROVIDE TRAINING FOR DRUG TESTING

OBJECTIVE

By 6/30/2021, add one additional staff to implement drug testing.

PROGRESS FOR 2020

There are still only 42 hours of drug testing available. Received PHAST grant from NACCHO which provided guidance on how this group can move forward to meet the legal and advocacy needs of Logan County surrounding substance use.

2a

**IMPLEMENT EDUCATION OF TRAIN-THE-TRAINER PROGRAMS
IN LOGAN COUNTY SCHOOLS****OBJECTIVE**

By 6/30/2021, 100% of the high schools, three middle schools, and one elementary will have trained staff.

PROGRESS FOR 2020

All districts have implemented an evidence based prevention strategy (exp. Botvan Life Skills and PAX good behavior game).

2b

**PROMOTE EVIDENCE-BASED PROGRAMMING TO PARENTS
/COMMUNITY/AND COUNTY MEMBERS VIA SOCIAL MEDIA****OBJECTIVE**

By 6/30/2021, increase participation to 100% of schools and increase doses to three middle school doses and at least one other dose in elementary or high school.

PROGRESS FOR 2020

Worked with school districts and parents on PAX good behavior game to increase doses at school and educated family/community members working with young people on how to use PAX tools.

OBJECTIVE

By 6/30/2021, quarterly programming via social media will be available in Logan County for parents and community members.

PROGRESS FOR 2020

Social media promotion of PAX and 40 Developmental Assets on CORE website, MHDAS website, CORE Facebook page, and MHDAS Facebook page.

2c

SECURE FUNDING**OBJECTIVE**

By 6/30/2021, CORE and MHDAS to secure grant funding to cover costs of needed materials and curriculum.

PROGRESS FOR 2020

SPF grant funds used to purchase Life Skills Curriculum and Collective Impact grant funds used for PAX tool kits, United Way funding to CORE for 2 classrooms on PAX coaching.

3a

IMPLEMENT CHILD CARE VOLUNTEER PROGRAM FOR SOBER SUPPORT MEETINGS

OBJECTIVE

By 6/30/2020, implement child care volunteer program for sober support meetings, recruit child care providers for care during sober support meetings.

PROGRESS FOR 2020

Child care has not been able to be provided with consistency for the sober support meetings. Barriers include lack of volunteers, liability concerns, and location/space availability.

3b

IMPLEMENT COUNTY-WIDE COORDINATED SOCIAL/TRADITIONAL MEDIA MESSAGES WITHIN THE SOBER SUPPORT NETWORK REGARDING AVAILABLE TRANSPORTATION AND CHILD CARE FOR SOBER SUPPORT MEETINGS

OBJECTIVE

By 6/30/2021, increase to three transportation resources to sober support meetings.

PROGRESS FOR 2020

Transportation for noon meetings is still being offered from RZ and transportation is available through TLC during their open hours

OBJECTIVE

By 06/30/2021, implement social/traditional media messages within the sober support network related to access to transportation and childcare services.

PROGRESS FOR 2020

Due to the limited nature of the available transportation there has not been the promotion on social media that was expected. However, there is now a transportation website for Logan County that lists all available transportation agencies.

4a

CREATE LOGAN COUNTY POLICY FOR REFERRING PREGNANT OPIATE-DEPENDENT MOTHERS

OBJECTIVE

By 6/30/2019, review and adopt/create policy for use when referring pregnant mothers with opiate addiction within Logan County.

PROGRESS FOR 2020

There is a policy/practice in place for MRH OB/GYN offices to refer pregnant moms with opiate dependence for MAT to TCN or to CHWPLC. There is a case manager at TCN specifically for pregnant moms struggling with addiction to assist in coordinating their care.

OBJECTIVE

By 6/30/2021, the OBGYN practice will have a written policy/procedure for referring pregnant mothers with opiate dependence for medication-assisted treatment.

PROGRESS FOR 2020

There is a policy/practice in place for MRH OB/GYN offices to refer pregnant moms with opiate dependence for MAT to TCN or to CHWPLC. There is a case manager at TCN specifically for pregnant moms struggling with addiction to assist in coordinating their care.

4b

IMPROVE CAPACITY FOR BUPRENORPHINE TREATMENT IN LOGAN COUNTY

OBJECTIVE

By 12/31/2021, have 15 medical personnel trained in buprenorphine treatment.

PROGRESS FOR 2020

There are currently 16 providers trained to provide buprenorphine treatment in Logan County.

PRIORITY 3: HEALTHY LIVING

Reduce obesity and chronic disease risk through the consumption of healthful diets and increased physical activity

1

PROVIDE FOOD PREPARATION AND COOKING EDUCATION

OBJECTIVE

By 12/31 each year, increase by 500 the number of Logan County residents receiving education about preparing nutritious food.

PROGRESS FOR 2020

Mary Rutan Hospital continues to offer Creating a Healthy Me classes through virtual format. Special arrangements with Logan County Board of DD who reimbursed their staff who participated in the program.

OBJECTIVE

By 12/31 each year, offer two food preparation/cooking classes and various types of education in at-risk communities.

PROGRESS FOR 2020

Blog continues to be written on Healthy Habits website and Facebook. Due to COVID-19, there were limitations on in-person activities.

2

INCREASE AVAILABILITY OF FREE OR AFFORDABLE WALKING PROGRAMS IN LOGAN COUNTY TO INCREASE THE PROPORTION OF ADULTS WHO MEET CURRENT FEDERAL GUIDELINES FOR PHYSICAL ACTIVITY

OBJECTIVE

By 12/31/2021, Increase the proportion of adults who are exercising five times a week from 17.5% to 19%

PROGRESS FOR 2020

A Nature RX program sponsored by the coalition offers posters, rack cards and prescription pads for area medical providers to prescribe exercise. These are to be distributed in Spring 2021.

OBJECTIVE

By 12/31/2021, four local schools will allow the use of school property for all residents of Logan County

PROGRESS FOR 2020

Four local schools are participating in the Winter Walking program; Bellefontaine, Ben Logan, Riverside, and Indian Lake (12 opportunities to walk each week). Due to COVID-19 restrictions, the winter walking program was unable to take place at the end of 2020.

OBJECTIVE

By 12/31/2021, in partnership with Full Circle Food Collaborative, increase food education programs to all Logan County schools

PROGRESS FOR 2020

Due to COVID-19, all face-to-face activities were postponed. However, all schools were offered virtual programming via a personal letter if they desired to have one.

OBJECTIVE

By 12/31/2021, annually participate as a board member of the Logan County Food System Initiative

PROGRESS FOR 2020

C. Barns was a member of the LCFSI board for a time. However, efforts appeared to be a duplication of efforts among FCFC and MRH community outreach programs. Barns resigned from the Board in 2019. This objective has been discontinued.

OBJECTIVE

By 12/31 annually ensure that Health District letters given to any food entity (restaurant, concession, etc.) contain the Healthy Habits Healthy You logo along with a statement about the current obesity rate in Logan County and encourage them to offer healthier food choices

PROGRESS FOR 2020

This program is being evaluated by the coalition for its effectiveness. Local restaurants continue to use branding for their healthy menu as they did in 2019.

OBJECTIVE

By 12/31/2021, enlist the support of 3 local restaurants who brand their healthy menu options with the Healthy Habits Healthy You logo

PROGRESS FOR 2020

Currently, Brewfontaine, Cassano's, Firehouse Pizza, and Sweet Aroma's brand and promote the HHHY logo in their menu selections. This program is being evaluated by the coalition for its effectiveness.

PRIORITY 4: SAFE & HEALTHY FAMILIES

Improve the healthy development, health, safety, and well-being of kids

GOALS

1a

ADOPT/CREATE & DISTRIBUTE MATERIALS ON LEARNING, DEVELOPMENT, & BEHAVIOR OF CHILDREN

OBJECTIVE

By 12/31/2021, five doctor/healthcare facilities will be providing information regarding child learning, development, or behavior

OBJECTIVE

By 12/31/2020, provide materials to doctors, health care facilities, other agencies that serve parents and caregivers of children

1b

ADOPT DEVELOPMENTAL INFORMATION APPROPRIATE FOR AT-RISK NEIGHBORHOODS & AGENCIES SERVING THEM

OBJECTIVE

By 12/31/2021, provide information to five outlets over a three-year period

PROGRESS FOR 2020

WIC – New Baby Packets for all new moms, OCTF grant distributed information and baby products for new moms. Head Start Staff meeting 3x per year with parent regarding child development. FCFC Developmental Screenings occurred virtually in November 2020. No Wrong Door postponed but did occur in January 2021 (52 participants).

2

DEVELOP STRATEGIES TO RECRUIT STEP UP TO QUALITY HOME PROVIDERS & SUPPORT EXPANSION TO DAYCARE CENTERS TO PROVIDE QUALITY CHILDCARE & MAXIMUM VOUCHER ASSISTANCE PROGRAM FOR AT RISK INDIVIDUALS

~~Note: this strategy has been revised from the original CHIP 2-Develop campaign to share information with the community regarding well check incentives and coverage in managed care plans.~~

~~Strategic Objective—~~

~~By 12/31/19, create an information campaign for the community including items covered by managed care plans in use in the community.~~

~~By 12/31/2021, Twenty five kids will have received well check appointment incentives through their managed care plans~~

OBJECTIVE

By 12/31/2020 certify 5 new providers in Step Up To Quality Star Rating 1

OBJECTIVE

By 12/31/2021 Certify 10 providers in Step up to Quality Star Rating 1 and identify other opportunities for Daycare Center expansion

PROGRESS FOR 2020

This strategy was halted due to COVID-19. Originally 5 new in-home participants were slotted to complete the first Step Up to Quality program, but only one participant was able to complete the program. Another recruiting push went out at the end of 2020. Due to COVID-19 regulations, many potential providers were not comfortable completing the training to provide services in home due to COVID-19 concerns and the inability to complete what is necessary for preschool/day care regulations.

3a

ADOPT/CREATE & DISTRIBUTE MATERIALS ON LEARNING, DEVELOPMENT, & BEHAVIOR OF CHILDREN

OBJECTIVE

By 12/31/2019, promote two PSAs per month on two different platforms to total 24 ads in one year

OBJECTIVE

By 12/31/2020, provide materials to two agencies that serve parents and caregivers of children

PROGRESS FOR 2020

DECA Social/Emotional Assessments now ready for use in Bellefontaine schools for 3 years at K-12 grades; Riverside PAX Good Behavior Game, PAX tools training; Indian Lake screener with 1 student; Pax Tools Virtual Trainings; Virtual Early Intervention Screenings were provided in November, but as of June, ASQ-SE were provided for every new Early Intervention Family and 6 DECA social emotional assessments were completed and the services began to incorporate strategies into family plans. One child was identified as potential for ASQ-SE screenings at Indian Lake Kindergarten screenings. Online availability of screening has now been purchased and can accommodate current virtual environment.

PRIORITY 5: HOUSING AND HOMELESSNESS

To create a housing environment in Logan County promoting good health for all

1a

RECRUIT MEMBERS TO THE HOUSING COALITION

OBJECTIVE

By 1/1/2019, invite five new members to be on the Housing Coalition

OBJECTIVE

By 12/31/2021, fully implement workgroups in the following areas:

- Rent, utilities, landlord relationships
- Coordinated entry
- Advocacy
- Housing innovation

PROGRESS FOR 2020

COVID-19 set limitations for goals for 2020. Metropolitan Housing Authority was invited to attend the meetings and they plan to start in January 2021. The hope is for that agency to take the lead for the Housing Innovation workgroup. The coalition continues to recruit key members for the Continuum of Care. Three of the four workgroups are operational: key emphasis on the Rent, Utilities, Landlord Relationships Workgroup. For 20201, they will be working closely with the United Way who will now be working with persons who are homeless and in need of assistance. Discussions have started regarding a tenant/landlord mediation service which will be looked at in more detail in 2021.

1b

IMPLEMENT TRAINING REGARDING AVAILABLE HOUSING & CONDITION OF HOUSING IN THE COUNTY

OBJECTIVE

By 1/1/2020, use workgroup reporting to develop a “picture “of existing housing in the county

PROGRESS FOR 2020

COVID-19 set limitations for goals for 2020. Metropolitan Housing Authority was invited to attend the meetings and they plan to start in January 2021. The hope is for that agency to take the lead for the Housing Innovation workgroup. The coalition continues to recruit key members for the Continuum of Care. Three of the four workgroups are operational: key emphasis on the Rent, Utilities, Landlord Relationships Workgroup. For 20201, they will be working closely with the United Way who will now be working with persons who are homeless and in need of assistance. Discussions have started regarding a tenant/landlord mediation service which will be looked at in more detail in 2021.

EDUCATE THE COALITION ON HOUSING CONDITIONS**OBJECTIVE**

By 7/1/2019, the coalition will review the American Housing Survey

OBJECTIVE

By 7/1/2019, develop one specific housing-related educational information item

OBJECTIVE

By 7/1/2020, create two housing resources, one workshop and one set of “Street Cards”

OBJECTIVE

By 12/31/2021, create a workgroup within the coalition for education development

OBJECTIVE

By 12/31/2021, development of one educational, informational piece – for print and/or social media regarding the importance of quality affordable housing to a community

PROGRESS FOR 2020

Planned trainings were cancelled as most emphasis was on current housing situations with tenants affected by COVID-19. Literature distributed to local agencies providing information on how tenants can seek help through the crisis. Starting Spring 2021, there are two trainings expected to be held for Continuum of Care Agencies. New implemented educational website for tenants is www.ohiohousinglocator.org to help find affordable housing. During 2020, information regarding HUD 811 vouchers to persons with disabilities was distributed. The newest apartment complex will have 8 vouchers available.

3

CONDUCT A GAP ANALYSIS OF HOUSING TYPES IN THE COMMUNITY

OBJECTIVE

By 1/1/2019, identify current housing and the owners in three areas of housing across the spectrum (subsidized housing, entry-level purchase, entry-level rent)

OBJECTIVE

By 5/30/2020, implement a review team for reports regarding housing quality

OBJECTIVE

By 7/31/2020, complete GAP analysis

OBJECTIVE

By 12/31/ 2020, have scheduled reoccurring quarterly meetings with one realtor, a Housing Coalition member, United Way representative, one political office holder, one local landlord

OBJECTIVE

By 12/31/2021, get the right people to the table to create a plan to address the GAP

PROGRESS FOR 2020

Due to COVID-19 and difficulty in meeting, this goal has not been of focus in 2020.

PRIORITY 6: RESOURCE & AWARENESS COMMUNICATION

Improve access and knowledge of health, social and supportive services resources

1

INCREASE COMMUNITY USE OF 211 RESOURCE

OBJECTIVE

By 12/31/2021, implement monthly public service announcements regarding 211

OBJECTIVE

By 12/31/2021, increase referrals by 10%

PROGRESS FOR 2020

Due to COVID-19 there has been a 16% decrease in calls. A portion of this decrease can be attributed to local agencies increasing their own marketing. The top calls were for “medical” and “pandemic” and then “shelter” and “pantry”. The 211 marketing plan is complete and ongoing.

GOALS

2

DEVELOP A PROGRAM TO COORDINATE HEALTH, SOCIAL, & SUPPORTIVE SERVICES IN LOGAN COUNTY

OBJECTIVE

By 12/31/2021, have partnerships between 211 and two community partners who respond to 211 issues

PROGRESS FOR 2020

Scheduled No Wrong Door training for March 2020; rescheduled to January 2021 due to COVID-19. 37 agencies present, 52 attendees.

3

INCREASE THE NUMBER OF PROMOTIONAL ITEMS & PLACES PROVIDING AVAILABLE TRANSPORTATION INFORMATION

OBJECTIVE

By 12/31/2021, create one new social media promotional item and increase the number of places where printed information is available by ten places (include four at-risk places)

PROGRESS FOR 2020

Updated and distributed an additional 1000 transportation option magnets, Developed and distributed Quick Connect mobility booklet. Facebook page with weekly transportation updates and information. Bags with transportation magnets, booklets and hand sanitizer distributed to all transit clients. Free grocery deliver for older adults was marketed and helped increase knowledge of transportation options.

4a

RECRUTE DRIVERS

OBJECTIVE

By 1/31/2021, recruit 10 drivers

4b

TRAIN DRIVERS

OBJECTIVE

By 12/31/2021, train all recruited drivers

4c

DEVELOP EXPENSE REIMBURSEMENT PLAN

OBJECTIVE

By 12/31/2021, seventy -five percent of all drivers' expenses are reimbursed

PROGRESS FOR 2020

Ride Connect volunteer driving program rollout was postponed due to COVID-19. Planned to open in 2021. Transportation region changed to the Mid-Ohio Regional Planning Commission and will increase county-to-county transportation collaboration and increase out of county medical transportation.

SUMMARY

The Coalitions continue to make progress, although membership is sometimes limited, which leads to more weight on the coalition chairpersons. In 2020, COVID-19 caused a halt in progress for many goals and objectives. To ensure that these coalitions continue to make the progress necessary to reach their determined goals, it is recommended that a CAB request for community commitment and volunteers occurs, incorporating more agencies and individuals with personal lived experience. To assist in this concern as coalitions move forward in 2021, it was decided at the 2021 Call To Action meeting that occurred on February 9, 2021 that for those coalitions whose goals have been met or goals can be consumed by other coalitions be disbanded and therefore those members can have a renewed focus on the new coalitions established for 2021. Those coalitions are: Suicide Prevention Coalition (Mental Health Priority), Communities for Ongoing Relief Efforts – CORE (Substance Use Priority), Healthy Living Coalition, and Housing Coalition. Please see the accompanied summary for more information from this meeting.